Eat Smart Be Smart

Food Pictures

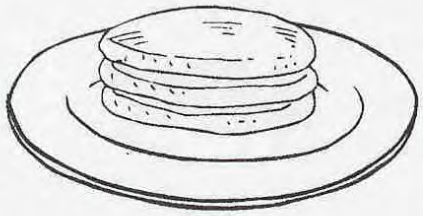
Fun Fruit & Veg- Find

Introducing ...

MyPlate Lessons

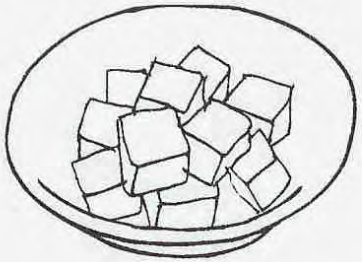
High 5 For Fiber

Grains



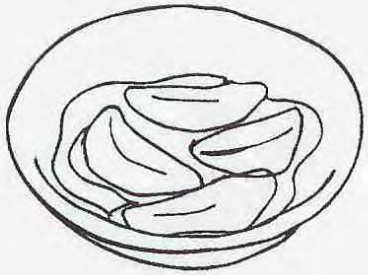
Pancakes

Fruits



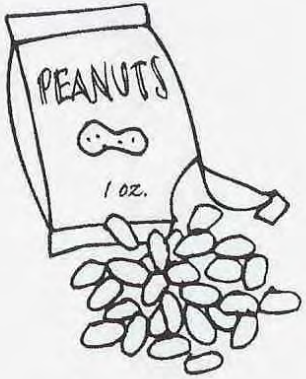
Papaya

Fruits



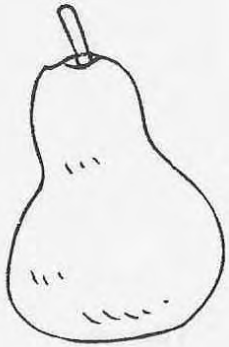
Peaches

Meat & Beans



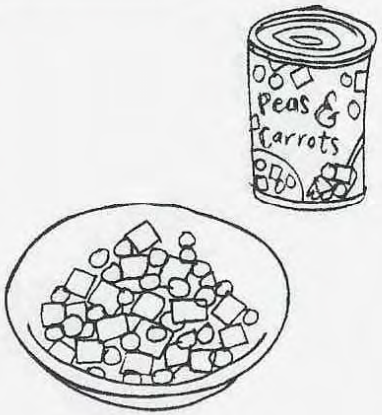
Peanuts

Fruits



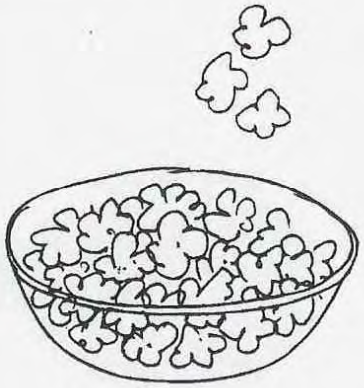
Pear

Vegetables



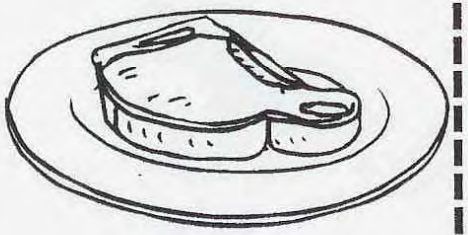
Peas & Carrots

Grains



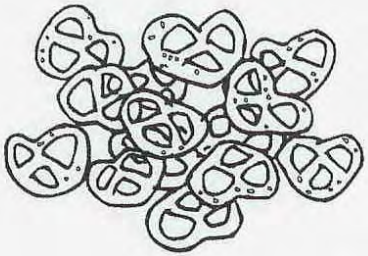
Popcorn

Meat & Beans



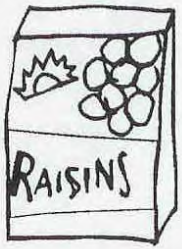
Pork Chop

Grains



Pretzels

Fruits

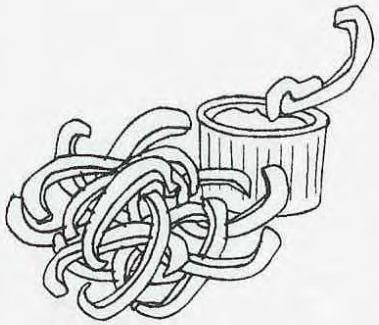


Raisins

Fruits

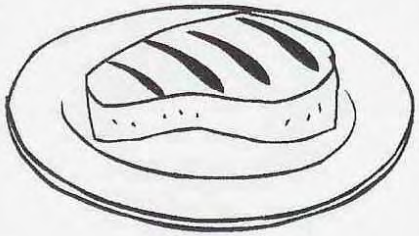
Red Grapes

Vegetables



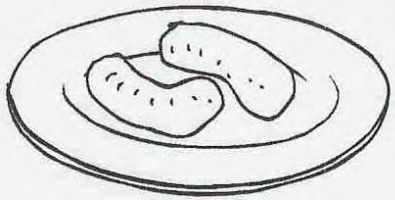
Red & Green Pepper Slices

Meat & Beans



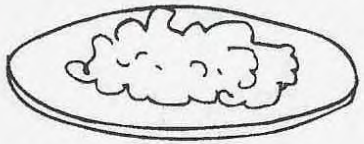
Salmon

Meat & Beans



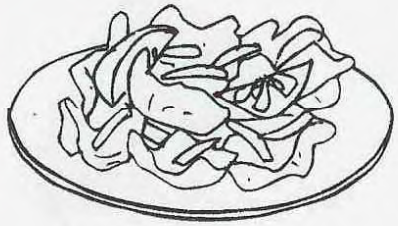
Sausage Links

Meat & Beans



Scrambled Eggs

Vegetables

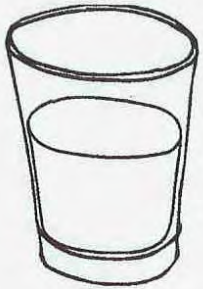


Side Salad

Fruits

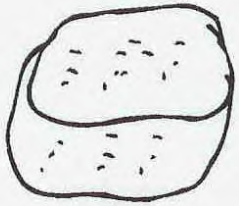
Fruit Leather

Fruits



Apple Juice

Grains

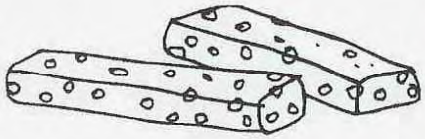


Garlic Bread

Grains

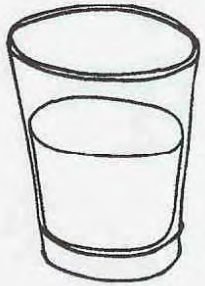
Graham Crackers

Grains



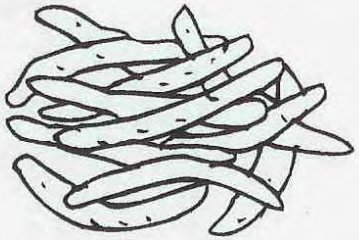
Granola Bar

Fruits



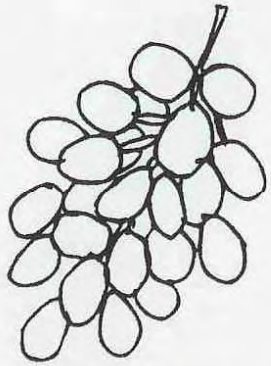
Grape Juice

Vegetables



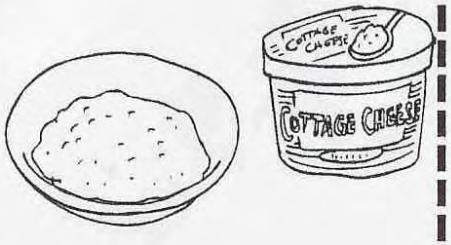
Green Beans

Fruits



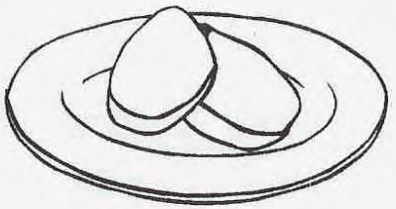
Green Grapes

Milk



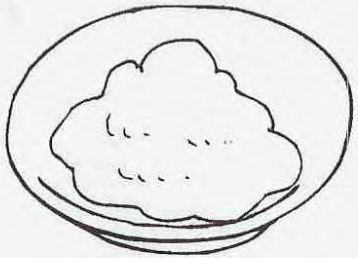
Cottage Cheese

Fruits



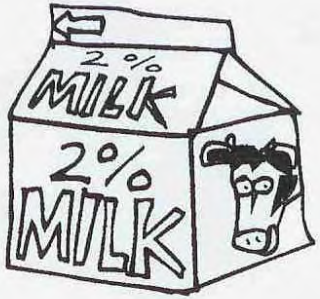
Mango

Vegetables



Mashed Sweet Potatoes

Milk

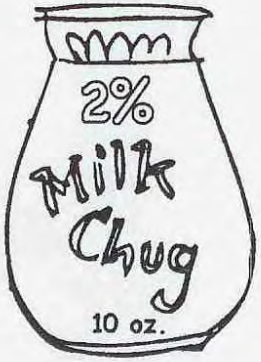


2% Milk

Milk

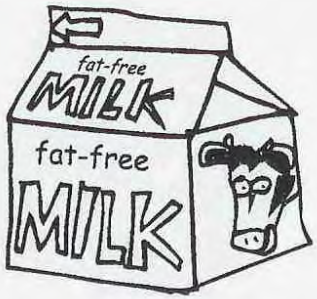
Chocolate Fat Free Milk

Milk



2% Milk

Milk



Fat Free Milk

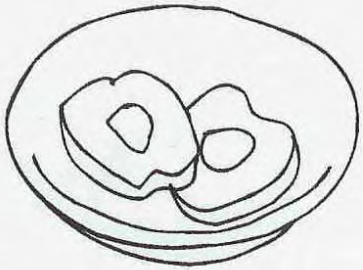
Milk

Fat Free Milk

Grains

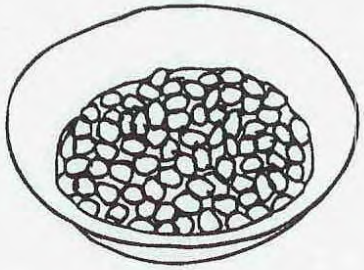
Bagel

Fruits



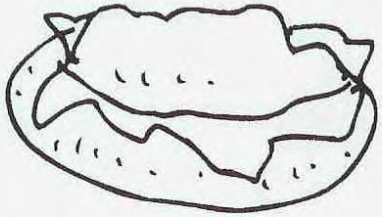
Baked Apple

Meat & Beans



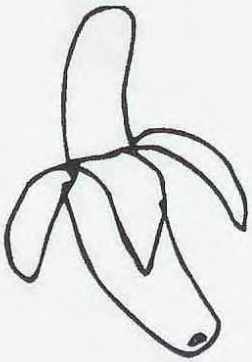
Baked Beans

Vegetables



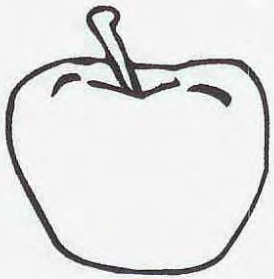
Baked Potato

Fruits



Banana

Fruits



Apple

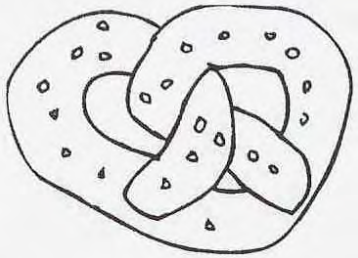
Meat & Beans

Beef Jerky

Grains

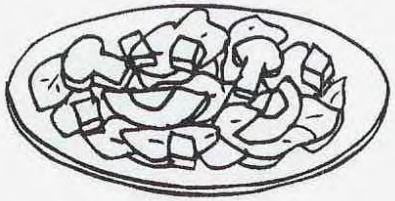
Biscuit

Grains



Soft Pretzel

Vegetables

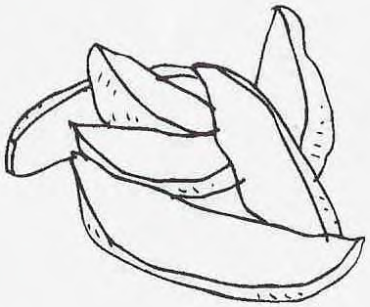


Spinach Salad

Meat & Beans

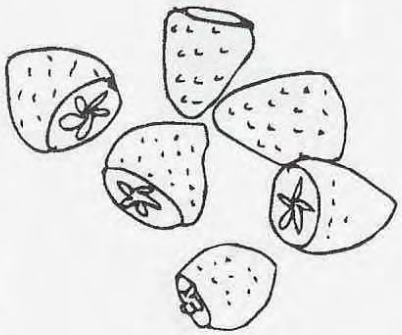
Steak

Vegetables



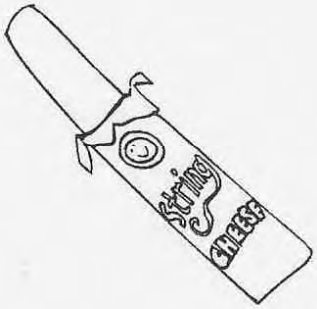
Steak Fries

Fruits



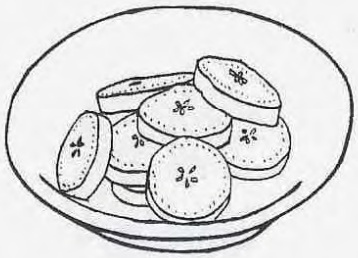
Strawberries

Milk



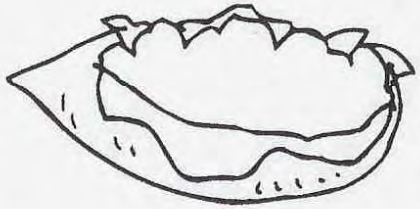
String Cheese

Vegetables



Summer Squash

Vegetables



Baked
Sweet Potato