

Activity: Mmm Mmm Montana Food and Farm Trivia



Did you know....?

- Montana is ranked 2nd in the United States in barley production.
- The land area of Montana is 145,388 square miles or 93 million acres.
- There are over 27,000 farms and ranches in Montana.
- 64% of the land in Montana is in farms and ranches.
- A family of four could live ten years off the bread produced by one acre of wheat.¹
- Assuming a sandwich was eaten for breakfast, lunch, and dinner, it would take 168 days to eat the amount of bread produced from one bushel of wheat.¹
- 3 to 4 million pounds of sweet cherries are harvested in the Flathead Region of Montana each year.²
- A great place to find Montana-grown food is at your community's Farmers Market.
- There are 46 Farmers Markets throughout Montana.
- Have you ever tried kale? It looks like a dark green, thicker lettuce and it tastes great when cooked. One cup of kale provides more than the daily requirement of vitamins A and C. It is also a good source of calcium and fiber.
- Carrots are native to Afghanistan but grow really well in Montana! Carrots also come in many different colors (red, purple, and black) – not just orange!
- A single hive may contain as many as 80,000 honey bees!
- Huckleberries and blueberries are related, but not the same berry. The blueberry has many soft, tiny almost unnoticeable seeds, while the huckleberry has ten larger, hard seeds.

¹Montana Wheat and Barley Committee http://wbc.agr.mt.gov/Consumers/basics_wheat.html

²Flathead Lake Cherry Growers <http://www.montanacherries.com/>