

Does Your District Wellness Policy Measure Up?

Ensure your school district establishes an environment that promotes students' health, well-being and ability to learn.

Use this checklist to review and update your wellness policy and ensure it meets all requirements as written in *SEC. 204 of Public Law 111-296 Local School Wellness Policy Implementation*.

- District has current wellness policy.
- District wellness policy has goals for nutrition promotion.
- District wellness policy has goals for nutrition education.
- District wellness policy has goals for physical activity.
- District wellness policy has nutrition guidelines for all foods available on each school campus.
- District wellness policy has standards for all foods and beverages provided but not sold to students during the school day (ie. classroom parties, classroom snacks brought by parents, other foods).
- District has designated at least one official charged with responsibility of ensuring each school complies with the wellness policy.
- District wellness policy describes public involvement. Consider including the following people in the development, implementation, review, and modification of the wellness policy:
 - Parents
 - Students
 - School Food Service Staff
 - Physical Education Teachers
 - School Health Professionals
 - School Board
 - School Administrators
 - General Public
- District informs the public about any updates or modifications made to the wellness policy, as appropriate, on an annual basis.
- District has a system in place to assess the implementation of the wellness policy and communicate results to the public every 3 years, at minimum, to determine:
 - Compliance with the wellness policy,
 - How the wellness policy compares to model wellness policies, and
 - Progress made in attaining the goals of the wellness policy.

OPI School Nutrition Programs will review school wellness policies as part of the Administrative Review.

You can find more information on School Wellness Policies here:

http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/Wellness.html

