

## Sexual-Related Behaviors and Academic Achievement



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### What is the relationship between sexual-related behaviors and academic achievement?

Data presented below from the 2015 Montana Youth Risk Behavior Survey (YRBS) show a negative association between sexual-related behaviors and academic achievement. This means that students with higher grades are less likely to engage in sexual-related behaviors than their classmates with lower grades, and students who do not engage in sexual-related behaviors receive higher grades than their classmates who do engage in sexual-related behaviors. These associations do not prove causation. Further research is needed to determine whether low grades lead to sexual-related behaviors, sexual-related behaviors lead to low grades, or some other factors lead to both of these problems.

Percentage of high school students who engaged in sexual-related behaviors, by type of grades earned – Montana Youth Risk Behavior Survey, 2015.

Sexual-Related Behaviors	Percentage of Montana high school students who engaged in each risk behavior, by type of grades mostly earned				Significant Association*
	A's	B's	C's	D's/F's	
<b><i>Sexual activity</i></b>					
Had sexual intercourse during their lifetime	33	48	57	62	Yes
Had sexual intercourse before age 13 years	2	2	5	13	Yes
Had sexual intercourse with four or more persons during their lifetime	8	14	20	24	Yes
Had sexual intercourse during the past 3 months ("currently sexually active")	25	35	41	44	Yes
Drank alcohol or used drugs before last sexual intercourse, among currently sexually active	13	21	22	37	Yes
<b><i>Teen Pregnancy and STD Prevention</i></b>					
Used a condom during last sexual intercourse, among currently sexually active	67	60	50	49	Yes
Used birth control pills before last sexual intercourse to prevent pregnancy, among currently sexually active	32	30	24	10	Yes
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) before last sexual intercourse, among currently sexually active	3	4	5	6	No
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) during last sexual intercourse, among currently sexually active	3	7	9	8	Yes
Used both birth control pills; an IUD or implant; or a shot, patch, or birth control ring to prevent pregnancy, among currently sexually active	38	40	38	24	No
Used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse to prevent STD and pregnancy, among currently sexually active	18	16	11	10	No
Did not use any method to prevent pregnancy, among currently sexually active	4	8	10	19	Yes

\*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

Figure 1. Percentage of high school students, by sexual-related behavior, by grades earned. Montana YRBS, 2015.

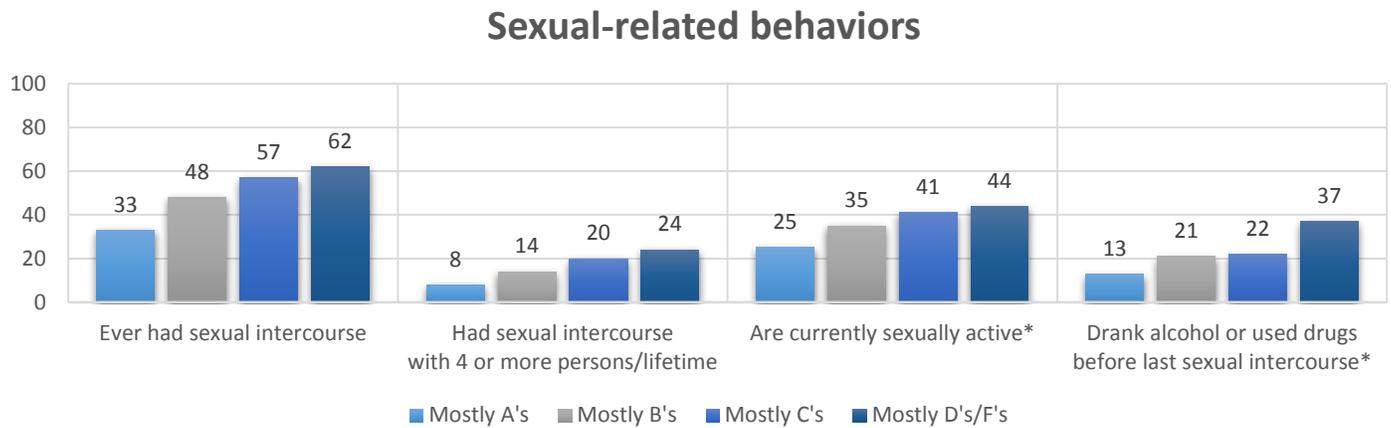
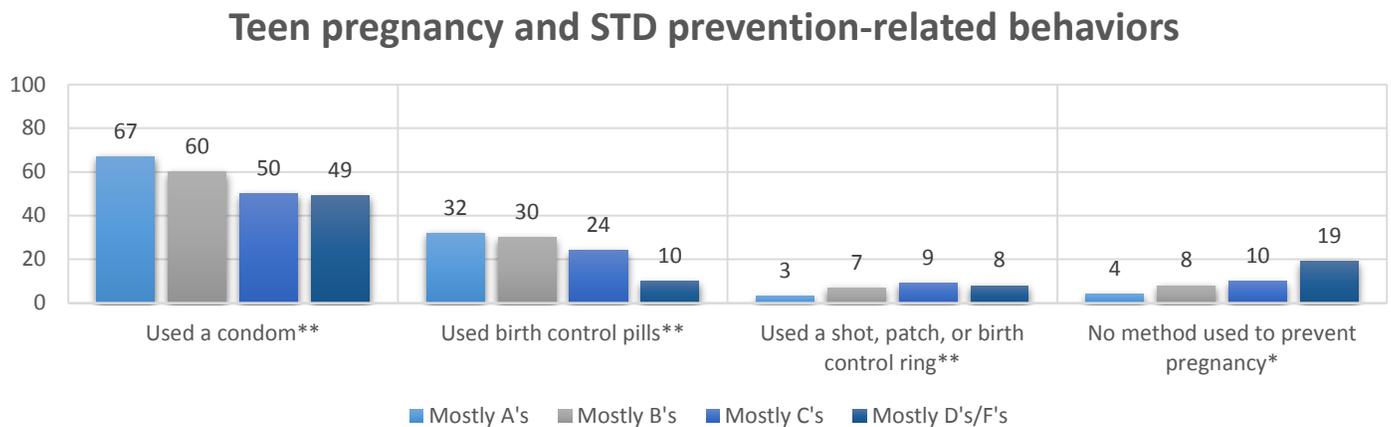


Figure 2. Percentage of high school students, by teen pregnancy and STD prevention-related behavior, by grades earned. Montana YRBS, 2015.



\* During the past 3 months.

\*\* During or before last sexual intercourse, among currently sexually active.

The Montana YRBS monitors priority health-risk behaviors that contribute to the leading causes of death, disability, and social problems among youth and adults in the United States. It is conducted every 2 years during late winter and provides data representative of high school students in Montana. In 2015, students completing the YRBS were asked, “During the past 12 months, how would you describe your grades in school?” and given seven response options (Mostly A’s, Mostly B’s, Mostly C’s, Mostly D’s, Mostly F’s, None of these grades, Not sure). In 2015, 40% of students received mostly A’s, 35% received mostly B’s, 16% received mostly C’s, 5% received mostly D’s or F’s, and 4% reported receiving none of these grades or not sure. The YRBS has been administered by the Office of Public Instruction in collaboration with Montana schools since 1991. For more information on the YRBS please visit [www.opi.mt.gov/yrbs](http://www.opi.mt.gov/yrbs).